

Casper Recreation Division

Activities Summer Guide 2016

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www.activecasper.com



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Casper Recreation Division

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Facilities & Passes

Swim. Work out.
Ice skate. Play in a
sports league. You
can do it all here.
Get out and do
what you enjoy!

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All Annual Passes good for one year from date of purchase... No monthly fees!

CASPER RECREATION CENTER

Phone: 235-8383

SUMMER HOURS:

Effective May 16-August 28

Monday through Friday: 5:00 am - 8:00 pm

Saturday: 8:00 am - 6:00 pm

Sunday: 1:00 pm - 5:00 pm

ANNUAL PASSES:

Adult (19 & Over): \$90 (\$60 - 6 Month)

Youth (13 - 18): \$65 (\$45 - 6 Month)

Child (5 - 12): \$45 (\$30 - 6 Month)

DAILY RATES:

\$4.00 or

Punch Pass (minimum of 10): \$3.50/punch

CASPER ICE ARENA

Phone: 235-8484

PUBLIC SKATING HOURS:

Mondays-Fridays.....*10:00 am-3:00 pm

Tuesday/Thursdays..... 5:30 pm-7:30 pm

Friday Evenings.....5:00 pm-7:00 pm

Saturdays & Sundays.....1:00 pm-3:00 pm

**Extended Public Session- \$6.00 Admission & FREE Skate Rental
Schedule subject to change due to special events.*

ANNUAL PASSES:

Adult (19 & Over): \$85

Youth (13 - 18): \$65 Child (5 - 12): \$50

PUBLIC SKATING DAILY RATES:

\$4.50 or Punch Pass (minimum of 10): \$4.00/punch

Skate Rental: \$2.50

Walker/Trainer Rental: \$3.00

CASPER FAMILY AQUATIC CENTER

Phone: 235-8383

SUMMER HOURS:

May 16-August 28

Monday through Thursday: 6:00 am - 7:00 pm

Friday: 6:00 am-6:00 pm

Saturday: 8:00 am - 6:00 pm

Sunday: 1:00 pm - 5:00 pm

(Please see page 10 for specific swimming hours)

Fees pending City Council approval

ANNUAL PASSES:

Adult (19 & Over): \$230

\$145 6 Month / \$80 3 Month

Youth (13 - 18): \$180

\$115 6 Month / \$65 3 Month

Child (5 - 12): \$130

\$85 6 Month / \$50 3 Month

DAILY RATES:

\$6.00 or

Punch Pass (minimum of 10): \$5.50/punch



Need a little help paying for a pass or class? The Community Recreation Foundation makes scholarships available to financially assist youth and mature adults, ages 55 and older, with registration fees associated with recreational activities offered within the City of Casper Recreation Division. CRF also provides free events for the community. Please see page 3 for scholarship details.

ANNUAL COMBINATION PASSES:

Recreation Center / Aquatic Center:

Adult (19 & Over): \$270 (\$170 - 6 Month)

Youth (13 - 18): \$205 (\$135 - 6 Month)

Child (5 - 12): \$145 (\$95 - 6 Month)

Ice Arena / Aquatic Center:

Adult (19 & Over): \$265

Youth (13 - 18): \$210

Child (5 - 12): \$155

Rec Center / Ice Arena / Aquatic Center:

Adult (19 & Over): \$340

Youth (13 - 18): \$260

Child (5 - 12): \$190

Recreation Center / Ice Arena:

Adult (19 & Over): \$135

Youth (13 - 18): \$100

Child (5 - 12): \$75

Facility Combination Pass prices are discounted. Additional "promo" discounts may not be applied.

Admission to our recreation facilities is FREE for children 4 years old and under when accompanied by a paid adult admission. Limit of 2 children (free) per paid admission; daily admission fees apply to all others. Specific facility age rules still apply.

Occasionally we have events that affect our advertised hours of operation. We make every attempt to notify the community of schedule variations, but please feel free to call us to double check facility availability in advance.

Registration & General Info

Recreation Center

Aquatic Center / Pools

Ice Arena

Sports



REGISTRATION GUIDELINES

Pre-registration is required for all classes. **A person is only registered once the fee is paid.** Please keep in mind that many classes have limited enrollment, so register early!

Classes that have not met the minimum enrollment will be cancelled or combined; decisions will be made prior to the first week of class or by the end of the first week. Please note that all classes have been issued a class code number for easy identification.

REGISTRATION OPTIONS

Online registration:

www.activecasper.com



Walk-In:

Register in person at the Casper Recreation Center,
1801 E. 4th Street,
or at the adjacent Casper Ice Arena.



Phone-In:

Call to register with Visa or MasterCard, **235-8383.**

REFUND AND CANCELLATION POLICY

If a class is cancelled due to insufficient enrollment, full refunds will be given. Once a class begins, full refunds will be available **PRIOR TO THE THIRD MEETING OF THE CLASS.** For one-day classes and workshops, a refund must be requested prior to the beginning of the class. Approved refunds on summer camp and facility passes will be prorated from the date of the refund request. Refunds will be in the form of a check. If an individual has paid for a class using a credit card, the card will be credited. No cash refunds will be given. Customers requesting a refund must complete a Refund Request Form.

SENIOR CITIZEN DISCOUNTS

The City of Casper funds discounts for annual passes for participation in Recreation Division operations. Individuals 62 and over who register for any Recreation Center, Aquatic Center, or Ice Arena pass may request a 5% discount. Anyone 55+ needing financial assistance in order to participate may apply for a Community Recreation Foundation Scholarship.

RECREATION DIVISION MISSION STATEMENT

Provide recreation services that enhance the quality of life for Casper area residents and visitors. Services promote positive recreational opportunities, skill development, and good health in friendly and well-maintained environments.

Need a little help paying to play?

COMMUNITY RECREATION FOUNDATION SCHOLARSHIPS

When needed, recreation scholarships are available for youth of all ages, young adults 18-21 years of age, and senior citizens (ages 55+). Scholarship eligibility is based on income level relative to the number of individuals in the family. Applications are available at all Recreation Division reception counters. Each application is evaluated individually; there are no assurances of receiving a scholarship.

The Community Recreation Foundation scholarship program is supported by fundraisers, public contributions, and various granting organizations. For the scholarship program to continue, public contributions are needed. Interested donors may call the Recreation Manager, 235-8403, for more information.

SCHOLARSHIP POLICIES

1. Approved scholarship recipients receive a 75% discounted fee for a pass or class registration (awarded scholarship amount not to exceed \$100 for classes/passes.)
2. There is a limit of one class scholarship per individual per quarter (each 3 month period) and one facility pass per year.
3. Scholarships are designated for individuals only.

HOW TO APPLY:

1. Complete a scholarship form—available at our front desk.
2. Pay 25% of the registration fee of the class/pass. (The maximum amount of a scholarship is \$100.)
3. The scholarship will begin at that time. You will be notified if you do not qualify for a scholarship and have the option to cancel your pass or class or pay the remaining amount.

SPECIAL SERVICES

The Recreation Division provides services for everyone. If special accommodations are needed, please do not hesitate to contact the Recreation Manager at 235-8403.

GROUP / CORPORATE DISCOUNT

(Recognized businesses and organizations)

15% Discount for either of the following:

Group - 20 or more passes purchased at one time

Corporate - 20 or more passes committed to in advance

(Employees must present proof of employment)

Discounts not applicable to Combination Passes

Recreation Center Membership Benefits

YOUR RECREATION CENTER MEMBERSHIP INCLUDES USE OF:

- STRENGTH AND WEIGHT TRAINING EQUIPMENT
- CARDIO FITNESS EQUIPMENT
 - GYMNASIUM
- FUNSHINE CORNER FOR CHILDREN
- LOCKER AND STEAM ROOMS
 - TOWEL SERVICE
- GAME ROOM WITH BILLIARDS, TABLE TENNIS, TV
- ORGANIZED DROP-IN SPORTS TIMES FOR BASKETBALL, VOLLEYBALL, PICKLEBALL, TABLE TENNIS
- DISCOUNT ON RECREATION CENTER CLASSES



STRENGTH AND WEIGHT TRAINING EQUIPMENT

A variety of equipment is available in the strength room, including numerous selectorized plate weight machines, dumbbells, multi-purpose Smith machine with free weights, and additional machines and benches to work all major muscle groups in the body. Participants must be at least 15 years of age. Ages 13-14 may use the strength room under the direct supervision of a responsible adult.



CARDIO FITNESS EQUIPMENT

We offer designated fitness areas for the comfort and convenience of all patrons. Our cardio room features a seated elliptical, rowers, elliptical trainers, treadmills, stair-stepping machines, a Technogym Crossover, upright and recumbent bikes, workout mat areas, televisions, and more. Participants must be at least 13 years of age. Ages 11-12 may use the cardio room under the direct supervision of a responsible adult.

FUNSHINE CORNER

Enjoy a great place to play out of the sun or wind. Funshine Corner offers children a safe, indoor play area. Funshine Corner is open during normal operating hours except during a private rental. Membership or daily admission fees apply. Children must be accompanied by an adult. The area is available to rent for a birthday party or get together. Please call for availability.



GAME ROOM

Play billiards, table tennis, or just relax. Equipment or table games may be checked out with a Recreation Center Pass or \$4.00 daily use fee at the reception counter. Individuals must be at least 8 years of age to play pool. Featuring two youth Espresso bikes—Try to out-pedal your friends or challenge one of the exciting courses on these interactive video-gaming bikes!

PLEASE NOTE:

All recreation facilities will be closed on May 30, July 4 and September 5.

A Recreation Center Pass or paid daily admission is required for equipment use and drop-in access to areas in the Casper Recreation Center. Use of the steam room, showers, or fitness equipment is reserved for pass holders and those who pay the daily admission fee. Class fees are reduced for all Pass holders!

DROP-IN SPORTS & GAMES*

**Drop-in sports and games will not be held during special events/private rentals.*

Join others and play the sports and games you love!
Admission is a Rec Center Pass or \$4.00 daily use fee.

PICKLEBALL

Pickleball is a game played on a badminton-sized court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a whiffle ball) and wood or composite paddles. All equipment needed is available for use. Pickleball is easy to learn and quickly grows into a fast-paced, competitive, and fun game! Drop-in Pickleball will be held Monday through Friday, 9:00-11:00 am through June 8 and Mondays, Wednesdays, and Fridays from 6:00-8:00 pm beginning June 10.

TABLE TENNIS

Drop-in table tennis is held Mondays, Wednesdays, and Fridays from 9:00-11:00 am through June 3 and Sundays from 1:30-3:30 pm all summer long. Bring your paddle or borrow one of ours!

VOLLEYBALL

We set the nets up for drop-in volleyball each weekend:
Saturdays, 3:00 - 6:00 pm Sundays, 3:00 - 5:00 pm
Volleyballs are available for check-out at the Front Desk.

BASKETBALL

Stop by the Rec Center for pickup hoops. Basketballs available for check-out at the Front Desk. 11:30 am - 1:30 pm Monday through Friday and all other times the gym is not in use.

LOCKER ROOMS AND TOWELS

The locker rooms include lockers, restrooms, showers, and steam rooms. Coin operated lockers are \$.25 per use. Lockers are also available for an annual rental (full-size locker \$50.00; half-size \$40.00). Please see our receptionist for rental information. Persons using the steam rooms must be at least 13 years old or accompanied by an adult. Towel rentals are available at the reception counter for \$1.00 per towel (one free towel rental per visit is included for Recreation or Aquatic Center Pass holders). A Towel Punch Pass may be purchased for \$.50 per towel, minimum of 10 punches must be purchased.

Fitness & Sports

Join one of our many classes for health and fitness and enjoy a variety of challenging workouts. It is strongly recommended that you consult your physician before beginning an exercise program. **NO CLASSES MONDAY, JULY 4.** Try out any of our Fitness classes **FREE** the first time. . . Just ask at our front counter!

Sign up for both sessions & receive 10% discount on each class!

DAILY REGISTRATION
\$6.00 PER CLASS for Fitness Classes ONLY.

Great for visitors!
FITNESS PUNCH PASS
\$55.00 for 10 Classes.
 Use this pass to attend any of our fitness classes!

FITNESS CLASSES

RIP- Get ripped! RIP is a 60 minute barbell program for men and women of all ages and all fitness levels. Matching movement to music and using traditional strength training allows participants to work at their own level while toning muscles and burning calories. Please come to class at least 5-10 minutes early to set up equipment. Earlybird & Friday Morning classes taught by Phyllis Pearl-Erk; Evening classes by Amanda Luckenbill.

FOREVER FIT- This low impact aerobic class is designed to strengthen the cardiovascular system, tone muscles and boost balance, flexibility and endurance. Patty Kempf will take you through a warm-up, aerobics, weights, toning and stretching. If you are over 55 and on a fixed income, you may qualify for a scholarship (75% off). All ages and levels of fitness are welcome! Friday classes will resume in the Fall.

ZUMBA® FITNESS- Party yourself into shape! Zumba® is an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning fitness-party™ that's moving millions of people toward joy and health. Instructors: Kathy Merritt and Sydney Carr.

GOOD EVENING QIGONG is an amazing way for you to lower stress, decrease negative energy, ground the body as well as revitalize and supercharge your energy levels. Qigong is an ancient energy boosting practice whispered and passed down throughout the ages by wise martial artists who understood the magical ways of cultivating unlimited amounts of Life-Force energy and power, also known as Qi or Chi. Class will be held at Washington Park on east side of the outdoor pool. Instructor, Dawn Madrid, certified Qigong instructor.

CLASS	DAYS	TIMES	FEES NO PASS	FEE WITH PASS	SESSION 1 6/6-7/14	SESSION 2 7/18-8/26
Earlybird RIP	M/W	5:45-6:45 am	\$72	\$60	6498	6499
Morning RIP	FRI	8:00-9:00 am	\$72	\$60	FULL SUMMER, 6/10-8/26	6504
Evening RIP	M/W	5:30-6:30 pm	\$72	\$60	6500	6501
Forever Fit	M/W	8:00-8:50 am	\$72	\$60	FULL SUMMER, 6/6-8/24	6502
Zumba	T/TH	5:30-6:30 pm	\$72	\$60	6505	6506
Qigong	TU	6:00-7:00 pm	\$64	\$52	FULL SUMMER, 6/7-8/9	6503

YOUTH GYMNASTICS

Students must wear loose fitting shorts, sweatpants or leotards. No jeans or tights. Instructors: Lauren Baures & assistants

TOT TUMBLING- Your 3-4 year old will learn basic tumbling moves and be introduced to the gymnastics equipment to improve coordination and flexibility.

BEGINNING YOUTH GYMNASTICS - Students ages 5 and up will learn balance, flexibility, coordination, and body awareness while working on tumbling, balance beam, vault and uneven bars.

ADVANCED BEGINNING GYMNASTICS - This class is for children ages 6 and up who have taken beginning and have the permission of instructors to move up to the next level.

Gym Jam classes will be offered again in the Fall.

CLASS	DAYS	TIMES	FEE NO PASS	FEE W/ REC PASS	DATES	COURSE#
Tot Tumbling	WED	5:15-5:55 pm	\$66	—	6/15-8/10	6509
Beginning Youth Gymnastics	WED	6:00-6:55 pm	\$86	\$74	6/15-8/10	6508
Advanced Beg Gymnastics	WED	7:00-8:00 pm	\$86	\$74	6/15-8/10	6510



FENCING

MON 6:30-8:00 pm 6/13-8/8 \$74/\$62 * #6511

An introduction to the Olympic sport of fencing... Students age 9 through adult will learn basic foot work and use of the Foil. Students with prior experience will brush up on their basic skills and work on more advanced moves. *For those students that don't have their own equipment, there is a \$15.00 equipment fee. Instructors: Michael Bailey & Dan Rice.



TAEKWON-DO

Improve your fitness level and self-confidence and learn self-defense tactics while receiving instruction in classical Korean form of TaeKwon-Do under the requirements of US and International TaeKwon-Do Federations. This class is for ages 8 and up (unless accompanied by an adult participating in the class). Beginners meet twice a week on Tuesdays and Thursdays. **Sign up parent and child and receive 10% discount on both registrations.** Instructor: Jerry Sisco, 6th degree Black Belt and state director of USTF.

CLASS	DAYS	TIMES	DATES	FEE NO PASS	FEE W/ PASS	COURSE #
TaeKwon-Do, Beginning	T/TH	5:45-7:15 pm	6/14-7/14	\$58	\$46	6512
TaeKwon-Do, Beginning	T/TH	5:45-7:15 pm	7/19-8/25	\$67	\$55	6513
TaeKwon-Do, Advanced	T/TH/F	5:45-7:15 pm	6/7-7/15	\$94	\$82	6514
TaeKwon-Do, Advanced	T/TH/F	5:45-7:15 pm	7/19-8/26	\$94	\$82	6515

Sports Programs



ADULT TENNIS DRILLS

This intensive program features situational drills and competitive play situations for both singles and doubles. If you are looking to enhance your game and get a great workout, give this program a try, no matter what your skill level. Charelene Klein is a certified instructor with over 30 years of coaching experience. Students need to bring racquet and 1 can of new **high altitude** balls. Classes held at Washington Park tennis courts.

DAYS	TIMES	FEE NO PASS	FEE WITH REC PASS	6/14-7/19
Tues	6:30-8:00 pm	\$70	\$58	6523



YOUTH TENNIS

Choose from an intensive 4 day a week or the 2 day a week lesson program offered for children ages 5 & up. All youth tennis classes are run in conjunction with USTA (United States Tennis Association) programs designed to teach basic skills quickly and promote interest in the lifelong sport of tennis. The various levels are listed below. All classes held at Beverly Tennis Courts. Students will need to bring their own racquet (a limited number are available for loan) and 1 can of new **high altitude** balls. Instructor: Jayde Parmely.

YOUTH TENNIS LESSONS

	DAYS	TIMES	FEE NO PASS	FEE WITH REC PASS	SESSION I 6/13-7/8	SESSION II 7/25-8/18
10 & UNDER TENNIS – (ages 5-10) This revolutionary program for youth tailors equipment and courts to a child's size so they develop skills and have fun right from the start.	M/W ages 8-10	10:00-10:45 am	\$54	\$42	6518	6519
	T/TH ages 5-7	10:00-10:45 am	\$54	\$42	6516	6517
LEVEL 1 – (ages 10-14) This non-competitive, skill building level is for the older students who have never had lessons before.	M-TH	9:00-9:55 am	\$87	\$75	6520	6521
LEVEL 2 – (ages 8 & up) For the player who has taken at least one session of beginning lessons and has permission of instructor.	M-TH	10:50 am-12:00 pm	\$107	\$95	—	6522

CHEERLEADING CAMP

Tuesdays, 6:30-7:30 pm

6/14-7/19

\$48 w/o pass
\$38 with CRC pass

Jump, chant and cheer your way to an active lifestyle in this energetic camp! Ages 9-12 will learn teamwork and cooperation while working on cheerleading skills. Gain confidence and flexibility while wearing a big

smile on your face! Stunts and movement exercises teach coordination and balance, while the team environment helps build trust among the class. **Course # 5712**



YOUTH ARCHERY

Learn proper shooting fundamentals to enjoy life-long archery fun and success! Participants will target shoot with adjustable compound bows in this class that emphasizes safety and improves shooting confidence. Instructor, Launa Ogden, is certified through the National Archery in the Schools program. **All classes are held at the Indoor Archery Range at Rocky Mountain Discount Sports, 1351 CY Avenue.**



DAYS	TIMES	DATES	FEES NO PASS	FEE W/PASS	COURSE #
TUES Ages 9-12	9:30-10:30 am	6/14-7/5	\$42	\$33	6535
TUES Ages 9-12	4:30-5:30 pm	6/14-7/5	\$42	\$33	6536
TUES Ages 13-18	5:30-6:30 pm	6/14-7/5	\$42	\$33	6537



STRIDER CAMP

Thursdays, 4:30-5:15 pm

\$35 7/28-8/25 #6538

STRIDER™ Camp is dedicated to teaching 3-5 year olds the balance needed to enjoy a lifetime of riding adventure. The simplicity of Strider bikes allows children to concentrate on the fundamental skills of balancing, leaning, and steering while propelling the bike in a natural way. Bikes provided, helmets required.



YOUTH VOLLEYBALL CAMPS

Be ready for the volleyball season this fall. Girls and boys ages 9 to 12 will learn or improve basic volleyball skills including passing, setting, serving, and hitting. Classes will be held in the Rec Center gym.



DAYS	TIMES	DATES	FEES NO PASS	FEE W/PASS	COURSE #
THURS	6:30-7:40 pm	6/16-7/14	\$40	\$30	6539
TUES	6:30-7:40 pm	7/26-8/23	\$40	\$30	6540

BASKETBALL CAMP

Thursdays, 6:30-7:40 pm

7/21-8/25

\$40 w/o pass / \$30 with CRC pass

Girls or boys ages 9 to 12 will learn or improve on basic basketball skills including dribbling, passing, shooting, and defense. Hoop it up and make new friends at this fun clinic!

Classes will be held in the Rec Center gym.

Course #6541



Dance, Arts, Crafts, Specialty

DANCE CLASSES - Summer time is a great time to come and try out a dance class or work on your moves! Sessions are 8 weeks long.
NO MONDAY CLASSES ON JULY 4th.

PRE-SCHOOL DANCE- Hop, skip, plie, and turn—Your preschooler will learn ballet and dance basics while working on coordination and flexibility and having fun with creative movement. Ballet shoes, tights and leotard required. Instructor: Lucia Hill

BEGINNING BALLET- Students will learn the basic foundations of ballet including positions, proper body form and classical technique. Class will include footwork, barre, center and movement across the room. Ballet shoes, tights and leotard required. Instructor: Lucia Hill

INTERMEDIATE/ADVANCED BALLET- This class is a continuation of beginning ballet focusing on more difficult exercises, technique and combinations. Instructor: Lucia Hill

CLOGGING- This truly American folk dance is similar to tap dancing, but cloggers tend to make more sounds with the heels. Intermediate/Advanced class is for experienced cloggers or those who have taken tap classes before. Instructor: Amy Grussendorf

ADULT BALLET- Why should the kids have all the fun? This class for ages 15 & up is for you! Enjoy movement, stretching and graceful dancing with other adults! Great exercise and no experience necessary. Instructor: Lucia Hill

CLASS	DAYS	TIMES	FEE NO PASS	FEE WITH PASS	DATES	COURSE #
Pre-School Dance, 3-4	TUES	4:45-5:30 pm	\$55	—	6/14-8/2	6531
Beg Ballet, 5-7	MON	4:15-5:00 pm	\$55	\$43	6/13-8/8	6526
Beg Ballet, 8-12	MON	5:05-6:05 pm	\$64	\$52	6/13-8/8	6527
Intermediate/Adv Ballet, 7-14	WED	4:15-5:15 pm	\$64	\$52	6/15-8/3	6530
Beginning Clogging, 6-12	MON	5:30-6:00 pm	\$39	\$27	6/13-8/8	6528
Inter/Adv Adult Clogging, 13 & up	MON	6:05-7:05 pm	\$52	\$40	6/13-8/8	6529
Adult Ballet	WED	5:20-6:20 pm	\$64	\$52	6/15-8/3	6524



CLASS	DAYS	TIMES	DATES	FEE NO PASS	FEE WITH PASS	COURSE #
Babysitting 101	SAT	9:00 am-12:30 pm	June 4	\$20	\$18	6532
Babysitting 101	SAT	9:00 am-12:30 pm	June 25	\$20	\$18	6533
Youth Art & Pottery, 6-12	TUES	6:00-7:30 pm	6/14-8/2	\$72	\$60	6534

ARTS, CRAFTS, & SPECIALTY CLASSES

BABYSITTING 101— If you're looking for a comprehensive babysitting training for your 11 to 14 year old, you're at the right place! Babysitting 101 is a fun, interactive class that trains your emergent babysitter in important topics, such as: getting your business started, understanding the likes & dislikes of children, equipping yourself with ideas for a fun, practical tote bag & playing with kids of all ages. Students will learn solutions to the most common problems babysitters face, performing first aid - including a demonstration of CPR & abdominal thrusts for choking emergencies. Students will receive a notebook with first aid information, resource guide and personalized tote bag. Bring a sack lunch. Instructor: Holly Adamson

YOUTH ART & POTTERY — Bring out your creative side and get an introduction to drawing, painting, working with clay (hand building & throwing on the wheel) and other media! All supplies furnished. Instructor: Brandon Bassett



OLYMPIC DAY



Coming to the Recreation Center in June!
Date to be announced



Camps / Crafts / Rentals

FULL SUMMER ADVENTURE CAMP

June 9-August 26

\$790 Full Summer or \$92 per week



10% discount on second and third child if registering more than one family member (discount valid only on Full Summer registrations)

This summer program is available for ages 5-12 (must be at least 5 years old before first day of camp).

Activities include games, arts & crafts, field trips, youth softball league, swim-

ming, and more. **The program runs from 7:30 am - 5:30 pm, Monday through**

Friday, with lunches and field trip transportation provided by the Natrona Co. School District. Cost of the program includes all activities, field trips, lunches, and afternoon snacks. Sign up for the entire summer or by the week. Due to field trip scheduling and special programs, there will be no prorating of fees or half-day registrations. **All registrations MUST be paid for in full at the time of registration. Spaces will not be held without payment.** Scholarships of up to \$200 are available to individuals who qualify through the Community Recreation Foundation. **Early registration is advised as space is limited in each age group.** Participants must be of proper age; birth certificates will be required in the 5-year old age group. Those wishing to use DFS funding must contact Jen at 235-8382 by May 2.



2016 CRAFT FAIR Friday, November 11 and Saturday, November 12

Reserve your booth now to sell your wares at the biggest annual Craft Fair in the region, November 11 & 12, at the Casper Events Center. The event will run from 3:00-8:00 pm on Friday and from 9:00 am-4:00 pm on Saturday. Booth rental fee is \$90 for homemade crafts and \$115 for commercial items (includes a 10' x 10' space with one table and two chairs). Electricity is \$10 extra per booth. The Craft Fair is a fundraiser for the Community Recreation Foundation and assists in providing scholarships and free recreational activities for our community.



POTTERY PAINTING PARTIES

Looking for a great birthday party or gathering option? Get creative with a Pottery Painting Party at the Casper Recreation Center! Participants select a pre-fired bisque pottery item and paint their pieces as they wish. Parties include bisque pieces, painting supplies, craft instructor (for first hour of party), and use of a craft room for a two hour period... Paint, then party! Pottery will be fired after the party and may be picked up by participants at a later date. Party price is \$100 for up to 8 painters and \$10 for each additional painter. Reservations for Pottery Painting Parties must be made at least seven days in advance by contacting the Recreation Division at 235-8403.

AQUATIC CENTER PARTIES AND RENTALS

The Casper Family Aquatic Center is available for birthday parties and group outings.

Fees:

Party Room:

\$50 - Maximum of 1.5 hours

Sundays Only:

\$35 - 1 hour

(does not include pool admission for each person)

Birthday parties include table covering and balloon bouquet.

Conference Room:

\$20 / Hour

(Maximum of \$135 per day)

Entire Facility:

\$375 - Maximum of three hours

(Available after hours only)

Reservations must be made and paid for at least 7 days in advance. Call 235-8403 to make your reservation.

RECREATION CENTER ROOM RENTALS

The Recreation Center is available for rental by outside groups.

Facilities and Rental Fees:

Game Room:

\$15/Hour (Maximum of \$85 per day)

River or Desert Room

\$20/Hour (Maximum of \$135 per day)

Funshine Corner or Sage Studio:

\$25/Hour (Maximum of \$170 per day)

Activity Room (Kitchen Included):

-Half \$25/Hour (Maximum of \$170 per day)

-Full \$40/Hour (Maximum of \$270 per day)

Gymnasium:

-Half \$50/Hour (Maximum of \$335 per day)

-Full \$75/Hour (Maximum of \$500 per day)

Entire Facility:

-After Hours Only \$125/Hour

Additional staffing fees may apply.

Call 235-8403 to make your reservation.

Reservations must be made and paid for at least 7 days in advance.

ICE ARENA GROUP OUTINGS

A cool idea for your next group outing: Rent the Ice Arena! Affordable hourly rates include skate rentals for everyone. Rental hours vary, so call ahead to reserve a spot for your event.

Rental Rates:

Under 100 skaters	\$135/hour	April - September
	\$145/hour	Oct. - March
100-149 skaters	\$170/hour	April - September
	\$180/hour	Oct. - March
150-199 skaters	\$215/hour	April - September
	\$225/hour	Oct. - March
200 or more	\$260/hour	April - September
	\$270/hour	Oct. - March



Sage Studio

Aquatics Info

The City of Casper offers four outdoor pools throughout town in addition to the area's largest indoor swimming facility, the Casper Family Aquatic Center. All City of Casper pools are proudly staffed with American Red Cross certified lifeguards. Multiple sessions of swim lessons and water exercise classes are held at various times and locations throughout the summer. Indoors or outdoors... You are sure to find many opportunities to cool off this summer!



Special Swim Days

Fees pending City Council approval

PASSES AND DAILY ADMISSION FEES:

PASS OPTIONS

Good at all City of Casper Aquatic Facilities
Valid for 3 months after date of purchase

Individual - ages 19 and older - \$80.00
Youth - ages 13-18 years old - \$65.00
Child - ages 5 through 12 - \$50.00

DAILY ADMISSION

Children 4 and under swim **FREE** at the Aquatic Center and Outdoor Pools when accompanied by a paid adult admission (maximum of 2 children per adult)

CASPER FAMILY AQUATIC CENTER

All Ages\$6.00

OUTDOOR POOLS

Paradise Valley and Mike Sedar Pool

All Ages \$5 (includes waterslide)

Adult Fitness Swim at Paradise Valley Pool.....\$2.00

Marion Kreiner and Washington Pool

All Ages \$3.50

Adult Fitness Swim at Washington Pool.....\$2.00

Regular admission price includes wading pools

GROUP RATE

(Available Mon-Fri - 1:00 - 5:00 pm only)

All ages.....\$3.00

Requires group size of 14 or more swimmers with one adult participating for every 7 minors.

DAILY ADMISSION PUNCH PASS

Minimum of 10 daily admissions for \$55.00

(May not be used for classes; see classes for class punch pass rates.)

1/2 PRICE FAMILY SWIMS - Join us at the Aquatic Center on the first Saturday of each month from 11:15 am - 1:00 pm. Fee is \$3.00 per person. All facility rules apply; children 7 and under must be accompanied by an adult in the water.

TODDLER TIME SWIMS - Every Tuesday and Thursday from 11:00 am-12:00 pm at the Aquatic Center. For children age 5 and under and their parents (sorry, no older siblings allowed). Special swim price is \$3.00 per adult, kids 4 and under swim free (limit of two children per paid admission). Adults are required to accompany their children in the water.

TUBE POLO TUESDAYS AT WASHINGTON POOL - Every Tuesday from 4:00-5:00 pm. Water tubes will be out to have a game of water tube polo. Come play with your friends... It's a blast! Ages 8 to 18. Regular admission applies.

WATER WAR WEDNESDAYS AT MARION KREINER POOL - Every Wednesday this summer, bring your water cannons and squirt guns to the pool for a water battle. Spray your friends & the guards (when not on chair) but beware; they will have squirt guns too! Regular admission applies.

SAFE KIDS NIGHT - June 15 - 5:30 - 7:30 pm at Paradise Valley Pool. Safe Kids of Central Wyoming is sponsoring this FREE, informative, and fun evening. Kids will learn water safety tips from lifeguards and receive a goody bag from the sponsors. After the safety activities kids and their parents are invited to stay around to swim. All facility rules apply; children 7 and under must be accompanied by an adult in the water.

ITTY BITTY BEACH PARTY - June 18 - 9:30 - 11:00 am at the Aquatic Center. The Itty Bitty Beach Party is for kids age 5 and under (sorry, older siblings are not allowed at this one). This FREE event sponsored by the Community Recreation Foundation will have fun games and prizes. Parents must accompany their children in the water.

FATHER'S DAY SWIM - June 19 - Dads swim FREE with their child's paid admission at the Aquatic Center, Paradise Valley and Mike Sedar.

DOUBLE DIPPER & DIVE - July 22 - 5:00-7:00 pm at Washington Pool. We're doing it again! Bring your inflatables and go double-dipping & diving. Two hours of fun family swimming, two scoops of ice cream for just two (\$2) dollars per person.

CHRISTMAS IN JULY - July 25 - FREE admission from 5:00-7:00 pm at Paradise Valley Pool. Here is our mid-year gift to you.

FLOAT NIGHT - August 3 - 5:00-7:00 pm at Paradise Valley Pool- There's nothing better at the end of a hot day than floating in the pool! Bring your favorite pool float for use in the pool, and enjoy a refreshing root beer float. This is a special family-oriented event! Admission fee: \$2.50 per person. All regular pool rules apply.

FAMILY POOL PARTY - August 19 - 5:30-7:30 pm at Mike Sedar Pool You'll have a great time at the annual Community Recreation Foundation Family Pool Party! We will have games, door prizes, and refreshments. This fun-filled evening is FREE. All facility rules apply; children 7 and under must be accompanied by an adult in the water.

Aquatic Schedules

AQUATIC CENTER FACILITY SCHEDULE

The Lap Pool usually has a lane open; however, during Open Swim times, lap swimming may not be possible. The Casper Family Aquatic Center Leisure Pool will be open the following schedule:

*NOTE: Please watch for posted signs detailing changes in scheduling. The Aquatic Center hosts school groups and private rentals which may occur anytime. Every effort is made to have minimal impact on Water Walking and Open Swim times. **The Casper Family Aquatic Center will be closed August 22-28 for annual maintenance.***

AQUATIC CENTER POOL AND CLASS SCHEDULE:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6 – 9 am Water Walking Adult Swim	6 – 9 am Water Walking Adult Swim	6 – 9 am Water Walking Adult Swim	6 – 9 am Water Walking Adult Swim	6 - 10 am Water Walking Adult Swim	8 - 11:15 am Water Walking Adult Swim	
9 - 10:45 am Water Exercise/ Jolly Joints	9-11 am Water Walking Adult Swim	9 - 10:45 am Water Exercise/ Jolly Joints	9-11 am Water Walking Adult Swim	10 am - 12 pm Open Swim (no features) Water Walking		
11 am – 12 pm Water Walking Adult Swim	11 am - 12 pm Water Walking Toddler Swim	11 am – 12 pm Water Walking Adult Swim	11 am - 12 pm Water Walking Toddler Swim		11:15 – 6 pm Open Swim	
12 – 1 pm Water Walking	12 – 1 pm Water Walking	12 – 1 pm Water Walking	12 – 1 pm Water Walking	12 – 1 pm Water Walking		1 – 2 pm Water Walking Adult Swim
1 – 5:15 pm Open Swim	1 – 5:15 pm Open Swim	1 – 5:15 pm Open Swim	1 – 5:15 pm Open Swim	1 – 6 pm Open Swim		2 - 5pm Open Swim
5:30 -7 pm* Lessons	5:30 –7 pm* Lessons Water Exercise	5:30 -7 pm* Lessons	5:30 –7 pm* Lessons Water Exercise	6-10 pm facility open for private rentals only	6-10 pm facility open for private rentals only	

*During Lesson times, **only** the spa will remain open to the public.
When there is an off week of swim lessons Open Swim times are extended until closing time.



MIKE SEDAR POOL

781 College Drive ~ (25th and South Poplar)

Opens June 4- August 28

Monday - Friday 10:00 am- 12:00 pm Open Swim &
Water Walking
12:00- 7:00 pm Open Swim
Saturday 10:00 am- 6:00 pm Open Swim
Sunday 1:00 - 5:00 pm Open Swim

WASHINGTON PARK POOL

851 S. Jefferson ~ (9th and Jefferson)

Opens June 11- August 13

Monday—Friday 12:00-1:00 pm Adult Fitness Swim
1:00 - 6:00 pm Open Swim
Saturday 1:00 - 6:00 pm Open Swim
Sunday Closed

PARADISE VALLEY POOL

5200 W. Iris ~ (Valley Drive and Iris)

Opens June 11 - August 28

Monday - Friday 12:00 - 1:00 pm Adult Fitness Swim
1:00 - 7:00 pm Open Swim
Saturday 1:00 - 6:00 pm Open Swim
Sunday 1:00 - 5:00 pm Open Swim

HOLIDAY CLOSURES:

All Aquatic Facilities will be closed on
May 30, July 4, and September 5.

**All Outdoor Pools will also be
closed from 8:00 am-1:00 pm
on Parade Day, July 12.**

OUTDOOR POOL RENTALS

The pools are available to rent on summer evenings for parties or special events. Lifeguards will be provided.

Basic Rental Rates

Up to 60 people -- 3 lifeguards -- \$75.00/hour
61 to 90 people - 4 lifeguards--- \$90.00/hour
91 to 120 people 5 lifeguards-- \$105.00/hour
121 and more people-6 lifeguards--\$120.00/hour

Rental Rates for Add-Ons

(Basic fee still applies)

Wading Pool-----1 extra lifeguard---\$20.00/hr
Waterslides-----2 extra lifeguards--\$35.00/hr

MARION KREINER PARK POOL

1120 N. Kimball ~

(East "K" Street and North Kimball)

Open June 13 - August 13

Monday - Saturday 1:00 - 5:00 pm Open Swim
Sunday Closed



Aquatic Classes

JUNIOR LIFEGUARD PROGRAM

Tomorrow's lifeguarding job begins today! The Junior Lifeguard program is for swimmers age 11 – 14 who are interested in becoming lifeguards in the future. The program is held in two phases. Phase I will introduce swimming skills, general physical ability for lifeguarding responsibilities, and learning prevention and response techniques. Advanced Phase will include leadership and professionalism of lifeguarding and will include training with the City of Casper lifeguard staff as well as some actual on-deck duties. Phase I must be completed to enroll in Advanced Phase. (Minimum: 5, Maximum 12). *NOTE: There will be no class held on July 12, Parade Day. Parade Day-makeup will be July 15th.*

Phase I

Monday – Thursday 8 classes Washington Park Pool
 Fee: \$53.00
 June 20-30 9:30-10:10 am # 6478

Advanced Phase

Monday – Thursday 8 classes + guard time
 Washington Park Pool
 Fee: \$60.00 (includes City of Casper Junior Lifeguard T-shirt)
 July 11-21 9:30-10:10 am # 6477

DIVING WORKSHOP

Dive right in to summer fun! Participants of this workshop can expect to be introduced to front, back, inward and twist dives from a one meter board. Participants must be able to demonstrate Level 4 (see page 12 of this Recreation Guide) swimming proficiencies in order to take this class as they'll be diving into deep water. Diving Workshop will not be held Parade Day, July 12. Parade Day make up class will be held on July 15.

Session I: Monday – Thursday 10:20 - 11:00 am July 11-21 # 6475
 Session II: Monday – Thursday 10:20 - 11:00 am Aug 1-11 # 6476
 Washington Park Pool
 Fee: \$53.00 per session
 (Minimum: 4, Maximum: 8)

ADAPTED AQUATICS

For all age. This is a one-on-one 30 minute class where teaching techniques and skills are adapted to accommodate individuals with disabilities or others who have special swimming instruction needs. Cost per 30 minute class is \$9.00. Classes are available on a limited schedule. A medical history form and written permission from doctor is required. Parents consultation with instructor will be required for all minors. Please register by calling Kimberly at 235-8395.

AQUACISE

The unique concept of water exercise tones and strengthens muscles, works you out aerobically, and burns fat. It's good for you and is offered at a variety of times! Aquacise is excellent in promoting cardiovascular fitness, while the buoyancy of the water reduces stress on your body's joints. We incorporate a variety of equipment for a FUN and challenging workout. Appropriate for swimmers and non-swimmers, males and females. Also adaptable for pregnancy with written permission from doctor. Minimum 5



Great for Seniors!

JOLLY JOINTS

Jolly Joints is a recreational exercise program designed to accommodate the abilities of individuals with arthritis and other related challenges (each person exercises at his/her own pace). The program is taught in a group setting with activities and exercises to increase range of motion, provide social interaction, improve muscular strength, endurance and flexibility, maintain independence, manage pain, and relieve symptoms of arthritis. You do not have to know how to swim. A medical history form is required. Class will be held in the Leisure Pool.

WATER EXERCISE SINGLE CLASS OPTIONS

Participation in all water exercise classes may be done on a drop-in basis provided the class is not full and minimum registrations have been met. A Medical History Form is required for all exercise class participants. Punch passes are available. A minimum of 10 punches must be purchased for \$6.50 per punch. Individual class participation is available for \$7.00.

Session Dates: I: June 13–July 7 II: July 18—August 11
 *No class July 4th. Classes have been discounted accordingly.

COURSE AND TIMES	DAYS	LOCATION	FEE W/ PASS	FEE NO PASS	SESSION I	SESSION II
MORNING AQUACISE						
9:00 –9:45 am	M, W	CFAC	\$40.00	\$50.00	6480*	6482
10:00 –10:45 am	T, TH	MIKE SEDAR	\$40.00	\$50.00	6481	6483
JOLLY JOINTS						
10:00 - 10:45 am	M, W	CFAC	\$22.00	\$32.00	6353*	6354
AFTER WORK AQUACISE						
5:30 - 6:15 pm	M, W	CFAC	\$40.00	\$50.00	6351*	6352
5:15 - 6:00 pm	T, TH	WASHINGTON	\$40.00	\$50.00	6358	6479

Swim Lessons

RED CROSS LEARN TO SWIM CLASSES

For Children Age 4 and Over

(Participants Per Class: Min: 5; Max: 7)

- Participant must be the required age by the first day of class.
- Participant may not make up missed classes.
- All classes will have a short safety presentation as required by the American Red Cross.

LEVEL 1

Introduction To Water Skills

The objectives of Level 1 are to learn basic personal water safety information and skills, to help participants feel comfortable in the water and enjoy the water safely. Level 1 includes elementary water skills and participants start developing positive attitudes, good swimming habits, and safe practices in and around the water.

LEVEL 2

Fundamental Aquatic Skills

Purpose is to give students success with fundamental skills. This class marks the beginning of locomotion skills. Participants further develop simultaneous and alternating arm and leg actions on the front and back and lay the foundation for future strokes.

LEVEL 3

Stroke Development

Purpose is to build on the skills in Level 2 through guided practice. Participants will learn survival float, swim front crawl and elementary backstroke. Participants will be introduced to the scissor and dolphin kick and build on the fundamentals of treading water.

LEVEL 4

Stroke Improvement

For students who have passed Level 3 or can demonstrate proficiency in Level 3 skills. Participants will improve their skills and increase their endurance by swimming familiar strokes for greater distances. Participants add the arms to the scissor kick for the sidestroke. Participants will also learn the back crawl, breaststroke and butterfly and the basics of turning at a wall.

LEVEL 5

Stroke Refinement

For students who have passed Level 4 or can demonstrate proficiency in Level 4 skills. The objectives of this level are coordination and refinement of all the strokes. Flip turns on the front and back are also introduced.

LEVEL 6

Swimming and Skill Proficiency

The objectives of this level are to refine strokes so participants swim them with more ease, efficiency, power and smoothness and over greater distances. Prepares participants for more advanced courses, such as the Water Safety Instructor course, or other aquatic activities, such as competitive swimming or diving.

LEARN TO SWIM EVENING SCHEDULE

SESSION DATES

I JUNE 13 - JULY 7* II JULY 18—AUGUST 11

NOTE: Evening classes will run Monday/Wednesday or Tuesday/Thursday of the session weeks.

* No class July 4th. Session fee has been discounted accordingly.

Evening Open Swim will be held July 11-14 and August 15-31.

AQUATIC CENTER						
TIME AND LEVEL	DAYS	# OF CLASSES	FEE W/ PASS	FEE NO PASS	SESSION I	SESSION II
5:30 pm – 6:10 pm						
Learn-to-Swim Level 1-3	M,W	8	\$43.00	\$53.00	6364*	6368
Learn-to-Swim Level 4-5	M,W	8	\$43.00	\$53.00	6434*	6438
Parent- tot	M,W	8	—	\$45.00	6419*	6423
Preschool	M,W	8	—	\$58.00	6396*	6400
Learn-to-swim Level 1-3	T,TH	8	\$43.00	\$53.00	6365	6369
Learn-to-swim Level 4-5	T,TH	8	\$43.00	\$53.00	6435	6439
Parent-tot	T,TH	8	—	\$45.00	6420	6424
Preschool	T,TH	8	—	\$58.00	6397	6401
6:20 pm - 7:00 pm						
Learn-to-Swim Level 1-3	M,W	8	\$43.00	\$53.00	6366*	6370
Learn-to-Swim Level 4-5	M,W	8	\$43.00	\$53.00	6436*	6440
Parent-Tot	M,W	8	—	\$45.00	6421*	6425
Preschool	M,W	8	—	\$58.00	6398*	6402
Learn-to-Swim Level 1-3	T,TH	8	\$43.00	\$53.00	6367	6371
Learn-to-Swim Level 4-5	T,TH	8	\$43.00	\$53.00	6437	6441
Parent-tot	T,TH	8	—	\$45.00	6422	6426
Preschool	T,TH	8	—	\$58.00	6399	6403



PARENT-TOT

(6 Months-3 Yrs.) 30 min class
American Red Cross parent and child aquatics familiarizes young children to the water and prepares them to learn to swim. This course gives parents safety information and teaches techniques to help orient their children to the water.

PRESCHOOL

(3-4 Yrs.) 30 min class
Preschool Aquatics, consisting of three levels, is an integral part of the overall Red Cross instructional aquatic and water safety program. This course promotes developmentally appropriate learning of fundamental water safety and aquatic skills by young children 3-4 years of age. (Participants Per Class: Min: 3; Max.: 4)

AQUATIC CENTER SUPPORT SERVICES

Lockers for day use are available for a fee of \$.25 per locker per use. Street clothes are not allowed loose on the deck or left loose in the locker rooms. Lockers are designated as single day use only.

Towels No towel... no worry. Towels can be rented for daily use while in the Aquatic Center for \$1.00 per towel. One daily towel rental is also included with all Aquatic Center annual passes.

Pro Shop Items Swim goggles, swim diapers, nose clips, ear plugs, and other related items are available for purchase at the reception counter or from the vending machine in the Aquatic Center lobby.

Swim Lessons

LEARN TO SWIM MORNING SCHEDULE

SESSION DATES

- I JUNE 20 - 30
- II JULY 11 - 21
- III AUGUST 1 - 11

Note: There will be no morning classes held on July 12th, Parade Day.
Parade Day makeup will be Friday, July 15th.
All morning classes will be held Monday through Thursday of the session week.



	MARION KREINER			6/20-6/30	7/11-7/21	8/1-8/11
START		FEE W/ PASS	FEE NO PASS	SESSION I	SESSION II	SESSION III
TIME	CLASS					
10:20 am	Learn-to-Swim Level 1-3	\$43.00	\$53.00	6372	6380	6388
11:10 am	Learn-to-Swim Level 1-3	\$43.00	\$53.00	6373	6381	6389
	Learn-to-Swim Level 4-5	\$43.00	\$53.00	6442	6449	6456
	Preschool	—	\$58.00	6404	6409	6414

	PARADISE VALLEY			6/20-6/30	7/11-7/21	8/1-8/11
START		FEE W/ PASS	FEE NO PASS	SESSION I	SESSION II	SESSION III
TIME	CLASS					
9:30 am	Learn-to-Swim Level 1-3	\$43.00	\$53.00	6374	6382	6390
	Learn-to-Swim Level 4-5	\$43.00	\$53.00	6443	6450	6457
10:20 am	Learn-to-Swim Level 1-3	\$43.00	\$53.00	6375	6383	6391
	Learn-to-Swim Level 4-5	\$43.00	\$53.00	6444	6451	6458
	Preschool	—	\$58.00	6405	6410	6415
11:10 am	Learn-to-Swim Level 1-3	\$43.00	\$53.00	6376	6384	6392
	Learn-to-Swim Level 4-5	\$43.00	\$53.00	6445	6452	6459
	Parent-Tot	—	\$45.00	6427	6429	6431
	Preschool	—	\$58.00	6406	6411	6416

	WASHINGTON PARK			6/20-6/30	7/11-7/21	8/1-8/11
START		FEE W/ PASS	FEE NO PASS	SESSION I	SESSION II	SESSION III
TIME	CLASS					
9:30 am	Learn-to-Swim Level 1-3	\$43.00	\$53.00	6377	6385	6393
	Learn-to-Swim Level 4-5	\$43.00	\$53.00	6446	6453	6460
	Learn-to-Swim Level 6	\$43.00	\$53.00	6355	6356	6357
10:20 am	Learn-to-Swim Level 1-3	\$43.00	\$53.00	6378	6386	6394
	Learn-to-Swim Level 4-5	\$43.00	\$53.00	6447	6454	6461
	Preschool	—	\$58.00	6407	6412	6417
11:10 am	Learn-to-Swim Level 1-3	\$43.00	\$53.00	6379	6387	6395
	Learn-to-Swim Level 4-5	\$43.00	\$53.00	6448	6455	6462
	Parent-Tot	—	\$45.00	6428	6430	6432
	Preschool	—	\$58.00	6408	6413	6418

Ice Arena

CASPER ICE ARENA

PHONE: 235-8484

ADMISSION: \$4.50

PUNCH PASS ADMISSION: \$4.00
(Minimum of 10 punches purchased)

SKATE RENTAL: \$2.50

WALKER/TRAINER RENTAL: \$3.00

FREE admission & skate rental for children 4 years old and under when accompanied by a paid admission!

PUBLIC SKATING SCHEDULE

Mondays-Fridays.....*10:00 am-3:00 pm
Tuesdays/Thursdays..... 5:30 pm-7:30 pm
Friday Evenings..... 5:00 pm-7:00 pm
Saturdays & Sundays.....1:00 pm-3:00 pm

**Schedule subject to change due to special events.*

Please call 235-8484 for the most up-to-date schedule

SAVE YOUR CASH...GET A PASS!

Annual passes are good for all public sessions and skate rental is included. It's the most cost-effective way to skate.

All passes are good for one year from the purchase date.

Child (Ages 5 - 12 years)	\$ 50.00
Youth (Ages 13-18 years)	\$ 65.00
Adult (Ages 19 years & older)	\$ 85.00

Multi-Facility Passes are also available! Please see page 2 for details.

DROP-IN HOCKEY RATES

Stick & Puck Single Session	\$6.00
Stick & Puck Punch Pass (10 Sessions)	\$50.00
Drop-In Hockey	\$8.00
Drop-In Hockey Punch Pass (10 Sessions)	\$70.00

FREESTYLE ICE

The Ice Arena offers Figure Skating Freestyle sessions.

All sessions are one hour long.

Complete session schedule at the Ice Arena

SUMMER FREESTYLE FEE OPTIONS

10-Session skater punch pass** \$50

(Punches must be purchased in increments of ten)

Walk-On rate** \$6 per session

**Payment in full required before taking ice

PROFESSIONAL SKATE SHARPENING & REPAIR

Drop-off service	\$ 6.50
Same day service	\$ 8.50
Blade Profiling	\$12.00
Skate Riveting/repairs	\$12.00/hr + \$1/rivet

When you buy **new skates**, your first sharpening is always free - no matter where you purchase the skates.



ICE ARENA BIRTHDAY PARTIES

Birthday parties come complete with:

- Admission • Skate rental
- Reserved lobby table • Table settings
- Beverages • Hot dogs or pizza and chips
- Free pass for all guests for a future public session

Fee: \$110 for 10 people for hot dogs and chips
\$125 for 10 people for pizza and chips

Additional guests: \$10 each (\$11 each for pizza)

Optional Private Skybox: \$25

Please call the Ice Arena at 235-8484 at least one week in advance of your desired date to book your party. Birthday parties may be booked during any regularly scheduled public skating session.



SNOW DAY IN MAY!

Saturday, May 14
1:00 pm - 3:00 pm

Stop by the ice arena and skate on 2/3 of the ice or play in the HUGE pile of snow on the other 1/3! Games & prizes!

All ages are welcome and admission is FREE. Snow Day in May! is a Community Recreation Foundation sponsored event.

TREATS & EATS

Full service concession stand:

- Hot Food
- Soda Fountain
- Hot Cocoa
- Coffee

\$20.00

Concession

Stand punch

passes available as an alternative to sending cash with the kids!



STICK & PUCK

Hone your hockey skills during our stick and puck sessions. Helmets and gloves required; Full facemask u18 (full gear recommended u18.) Admission: \$6 (Punch passes available!)



~Casper Coyotes Summer Hockey Camps~

Hockey skill development

8U through 18U

Weekend Clinic, June 24-26

Weeklong Camp, Aug 15-19

www.caspercoyotes.com

(561) 289-6487



Skating Classes

TOTS	COURSE #	DAYS	TIMES	DATES	CIA PASS FEE	NON PASS FEE
	6472	MONDAY	5:25 pm-5:55 pm	5/16-6/27	\$45.00	\$50.00
	6494	MON/WED	5:25 pm-5:55 pm	8/8-8/24	\$45.00	\$50.00
PRE-ALPHA	COURSE #	DAYS	TIMES	DATES	CIA PASS FEE	NON PASS FEE
	6471	MONDAY	6:00 pm-6:30 pm	5/16-6/27	\$45.00	\$50.00
	6493	MON/WED	6:00 pm-6:30 pm	8/8-8/24	\$45.00	\$50.00
ALPHA	COURSE #	DAYS	TIMES	DATES	CIA PASS FEE	NON PASS FEE
	6465	MONDAY	5:25 pm-5:55 pm	5/16-6/27	\$45.00	\$50.00
	6487	MON/WED	5:25 pm-5:55 pm	8/8-8/24	\$45.00	\$50.00
BETA	COURSE #	DAYS	TIMES	DATES	CIA PASS FEE	NON PASS FEE
	6466	MONDAY	5:25 pm-5:55 pm	5/16-6/27	\$45.00	\$50.00
	6488	MON/WED	5:25 pm-5:55 pm	8/8-8/24	\$45.00	\$50.00
GAMMA/DELTA	COURSE #	DAYS	TIMES	DATES	CIA PASS FEE	NON PASS FEE
	6490 & 6467	MONDAY	5:25 pm-5:55 pm	5/16-6/27	\$45.00	\$50.00
	6491 & 6489	MON/WED	5:25 pm-5:55 pm	2/15-3/21	\$45.00	\$50.00
FREESTYLE	COURSE #	DAYS	TIMES	DATES	CIA PASS FEE	NON PASS FEE
	6468	MONDAY	6:00 pm-6:30 pm	5/16-6/27	\$45.00	\$50.00
	6490	MON/WED	6:00 pm-6:30 pm	8/8-8/24	\$45.00	\$50.00
HOCKEY & SKATING	COURSE #	DAYS	TIMES	DATES	CIA PASS FEE	NON PASS FEE
	6470	MONDAY	6:00 pm-6:30 pm	5/16-6/27	\$45.00	\$50.00
	6492	MON/WED	6:00 pm-6:30 pm	8/8-8/24	\$45.00	\$50.00

Tell me more about Skating Classes...

- * Classes are offered in 6 week sessions
- * Each class builds upon the skills from the previous class
- * Skate rental and helmets are included
- * Participants should wear warm clothes and gloves

What's new with Skating Classes?

Free Public Skating Punch Passes! When you enroll in the Casper Skating School, not only will you receive weekly ice skating lessons, but you'll receive a Punch Pass for any of our general public skates during your skating class session.

Ice Skating Tip of the Season:

Learning how to stop? Here's a great tip. Start gliding towards an open area. With both feet parallel, slowly point your toes together while pushing your heels apart. Once you have successfully stopped, practice the same technique with one foot. For more information about ice skating lessons, please visit the Casper Ice Arena. See you on the ice!



TOTS Ages 3-7

Classes teach basic skills such as; how to fall, stand up, march in place, and gliding. Ages 3-5

PRE-ALPHA

Classes teach basic skills similar to tots for a slightly older age group. Skills learned; falling, standing, marching in place, and gliding.

ALPHA

Skaters must have passed Pre-Alpha. Skaters will learn proper stroking techniques and forward cross overs.

BETA

Skaters must have passed Alpha. Skaters will learn backward stroking and backward cross overs.

GAMMA/DELTA

Skaters must have passed Beta. Skaters will learn forward outside three-turns, hockey stops, forward inside three-turns, and forward edges.

FREESTYLE

Skaters must have passed Delta. Skaters will work on basic and advanced figure skating elements.

HOCKEY & SKATING (ages 5 & up)

Class practices the basics of hockey skating and other skills for beginning hockey players.

Skating Classes

HOCKEY CAMP	COURSE #	DAYS	TIMES	DATES	CAMP 1 & 2	SINGLE CAMP
CAMP 1	6474	MON/WED/FRI	9:30 am-12:00 pm	6/20-7/1	\$171.00	\$95.00
CAMP 2	6484	MON/WED/FRI	9:30 am-12:00 pm	7/11-7/22	\$171.00	\$95.00
FIGURE SKATING CAMP	COURSE #	DAYS	TIMES	DATES	CIA PASS FEE	NON PASS FEE
	6485	TUE/WED/TH	6:00 pm-7:30 pm	6/21-6/30	85.50	\$95.00
LEARN-TO-CURL	COURSE #	DAYS	TIMES	DATES	CIA PASS FEE	NON PASS FEE
	6497	SAT	9:00 am - 11:00 am	6/11,7/9, & 8/13	22.50	\$25.00
ADULT SKATING	COURSE #	DAYS	TIMES	DATES	CIA PASS FEE	NON PASS FEE
	6496	MONDAY	5:25 pm-5:55 pm	5/16-6/27	\$45.00	\$50.00
	6486	MON/WED	5:25 pm-5:55 pm	8/8-8/24	\$45.00	\$50.00
APPRENTICE INSTRUCTOR CLASS	COURSE #	DAYS	TIMES	DATES	CIA PASS FEE	NON PASS FEE
	6495	MON/WED	6:30-7:30 pm (Mon) & 5:30-6:30 pm (Weds)	8/8-8/24	\$22.50	\$25.00
ADULT HOCKEY LEAGUE	COURSE #	DAYS	TIMES	DATES	FULL SEASON	HALF SEASON
	6359	SUNDAY	4:30 pm & 6:00 pm	5/1-8/7	\$175.00	\$95.00

HOCKEY CAMP Ages 7-13

Youth hockey instruction and drill work covering basic ice hockey skills including skating and body control, puck handling, passing, shooting, positioning and more.

FIGURE SKATING CAMP

An introduction to a variety of figure skating activities including power stroking, choreography, jumps, spins, etc.

LEARN-TO-CURL

An introductory curling class presented by the Casper Curling Club.

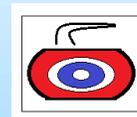
APPRENTICE CLASS

Participants learn the basics of instructing learn-to-skate classes. Participants who complete the program are eligible to become apprentice instructors.

LOCAL CLUBS AT THE CASPER ICE ARENA



Casper Amateur Hockey Club:
Diane Berg 307-315-0188
Club@Casperhockey.com



Casper Curling Club:
Dean Boril 307-266-4994,
dboril@alluretech.net



Casper Figure Skating Club:
Julie Hansen 307-679-3025
CasperFSC@hotmail.com

LEARN-TO-CURL

ONCE A MONTH—JUNE 11, JULY 9, AUG 13
9:00 am-11:00 am

Introductory class presented by the Casper Curling Club will teach you the basic techniques on how to become an excellent curler. Only \$25 to join.

Don't have time to come and see us? Register for your favorite classes ONLINE!



www.activecasper.com



2016 Adult Hockey League Champions—Team Maier

Adult Sports



MEN'S & WOMEN'S 30TH ANNUAL SLOW PITCH SHOWDOWN SOFTBALL TOURNAMENT

June 4-5

3 Game Guarantee

Team Registration Deadline: Fri., May 27

Team entry fee: \$150

Registration forms are available at crlasports.com and the Casper Recreation Center.

1st ANNUAL CRF 24 HOUR CO-ED SOFTBALL BASH

June 24-25

Registration Deadline: Thursday, June 16

Team Entry Fee: \$150

This is a 24 hour tournament that will start Friday, June 24 at 6:00 pm and go into Saturday, June 25 afternoon. This is a benefit tournament for the Community Recreation Foundation. We will have home run derbies and skill competitions with great individual and team prizes for the event champions.



ASA MEN'S STATE DIVISION 3 & 4

July 16-17

Team Registration Deadline: July 11

Registration Fee: \$275

All teams entering a WASA State Tournament must pay a WASA Team registration fee of \$40 by June 1st and submit an Official ASA Championship Roster by June 30th to their District Commissioner. Entries will be accepted from WASA registered teams only.

Teams registering after July 1st must pay an additional \$10.00 processing fee.

Registration forms available at crlasports.com or at the Casper Recreation Center.



DO YOU LOVE SPORTS?

The Casper Recreation Division is looking for ambitious, conscientious individuals to officiate any of the following sports: basketball, volleyball and softball. Slots are available in youth and adult leagues. Training is provided. Contact Ryan Bulson or Larry Ramsey for scheduling and income opportunities, 235-8393.

FALL MEN'S AND WOMEN'S VOLLEYBALL

August 22 - November 23

Registration Deadline:

Thursday, August 11

Team Fee: \$274

Late Fee: \$374 after August 11



The start of the 2016 Men's and Women's Volleyball Leagues is closer than you think. Don't get left out! The team fee deadline for these popular leagues is Thursday, August 11. Team packets available at crlasports.com.



17TH ANNUAL ONE PITCH MEN'S & WOMEN'S SOFTBALL TOURNAMENT

Saturday, August 20

Team entry fee: \$150

Team Registration Deadline: Friday, August 12

This unique tournament is a blast. Here are the guidelines:
One Pitch Tournament– It's "regular" softball all the way except the batter gets just one pitch. It's a hit, a strike or a ball. Men's and women's divisions are offered.

Visit crlasports.com for league and tournament information

2016 Fall Adult Leagues & Tournaments

Fall Co-Ed Softball Leagues

(August 22-late October)

Team Registration Deadline: Thursday, August 11

Fall Men's & Women's Volleyball

(August 22-November 23)

Team Registration Deadline: Thursday, August 11

1st Annual Adult Flag Football Kickoff

(September 17-18)

Team Registration Deadline: Friday, September 9

"Weekday Afternoon Special"

Mondays through Thursdays in June, July and August from 1:00 p.m. -3:00 p.m.

Get your Cart Rental, 18-Holes, and a free drink (alcoholic or nonalcoholic) at the Caddie Shack Restaurant for just \$40.00 per person.

Reservations Required

www.CasperMunicipalGolf.com Pro Shop: 307-233-6620



Youth Sports

3RD ANNUAL SUMMER KICKOFF GIRL'S FAST PITCH SOFTBALL TOURNAMENT

June 4-5

3 Game Guarantee Entry Fee: \$250

Divisions: 10u, 12u, 14u, 16u

Team Registration Deadline:

Thursday, May 26

All games played at the North Casper Softball Complex

Tournament Schedule Available:

June 1, 2016 on www.crlasports.com

ASA rules and umpires

Awards given to 1st, 2nd, & 3rd place in each division

JUNIOR OLYMPIC GIRL'S FAST PITCH SOFTBALL LEAGUES

May 23- July 15



Junior Olympic Softball is a great opportunity for girls to learn and enhance skills needed to successfully play the game of fast pitch softball. Junior Olympic Girl's Fast Pitch Softball Leagues are forming for players in two divisions: 9-12 years and 16 and under. Each player's division is determined by her age as of January 1, 2016. The

late registration fee is \$55. Community Recreation Foundation scholarships are available. Games will be at North Casper fields in the evenings.

NFL PUNT, PASS, & KICK

Thursday, August 4 - Frontier Middle School Football Field

Ages 6-7 1:00-2:00 pm

Ages 8-9 2:00-3:00 pm

Ages 10-15 3:00-4:00 pm

FREE!

The NFL PUNT, PASS & KICK (PPK) program is a national skills competition for boys and girls between the ages of 6 and 15 to compete separately against their peers. Boys and Girls compete in separate divisions. Local winners have the chance to compete at the Wyoming State Competition and State winners scores are compared to scores around the region to compete in Sectional Finals at a Denver Broncos game! Register at the event.

4TH & 5TH GRADE SCHOOL SPORTS C.A.S.P.E.R.

Boy's & Girl's Volleyball

Register By: September 6

Season: September 12-October 29

Cost: \$10

- Games played on Saturdays at the Casper Recreation Center
- Kids will play for their school team
- Practices will be held at student's school



YOUTH CO-ED SOFTBALL LEAGUES

June 20- July 28

Registration Deadline - Wednesday, June 15

Special registration day is May 14

Get \$5 off when you register at the Rec Center on May 14!

The Youth Co-Ed Slow Pitch Softball Leagues are open to boys and girls in three age groups*: 7-9 years, 10-12 years, and 13-15 years. The Co-Ed League games are held in the mornings during the summer beginning June 20. Ages 7-9 will practice and play



on Monday and Wednesday mornings, and ages 10-12 and 13-15 will play and practice on Tuesday and Thursday mornings; all days begin at 9:30 am. Participants in the Youth Co-Ed Slow Pitch Softball

Leagues will have the opportunity to play a variety of positions. Positive sportsmanship and participation are primary focal points for the leagues. The registration fee of \$35 includes all games and practices, a team shirt, and use of equipment. Players need to provide their own gloves. Community Recreation Foundation scholarships are available.

*Age groups for the Youth Co-Ed Leagues are based on the participant's age as of June 20, 2016.



ULTIMATE FLAG FOOTBALL LEAGUES

Grades K-4

Entry Deadline: Tuesday, September 6

Season: September 12 - October 28

Fee: \$30

Coaches Meeting: Thursday, September 8, 6:00 pm

The Ultimate Flag Football League, UFFL, provides boys and girls opportunities to learn the basic fundamentals of football in a safe environment. The Community Recreation Foundation provides scholarships for those who may need assistance. Scholarship forms are available at the Casper Recreation Center. Register at the Casper Recreation Center.

YOUTH SPORTS COACHES

Coaching young athletes is an exciting and very rewarding experience. If you think you can meet the challenge, we would like to match you with a team in one of our youth sports programs. Coaches will assist youngsters with the fundamentals of the game, rules, and the concept of teamwork. These successful youth programs need you to continue to provide an excellent activity for the community's young people. All coaches will receive training and certification through the National Youth Sports Coaches Association. Individuals interested in coaching youth should contact Larry Ramsey or Ryan Bulson at 235-8383.

Other Service Providers

Group Name	Contact	Phone
Agility Club of Central Wyoming	Celia Skillman	235-1377
Aikido of Casper	Gabe Phillips	267-2363
Air Modelers Facility	Tom Rorabaugh	265-1948
Bart Rea Learning Circle	Elliott Ramage	259-5916
Black Sheep Square Dance Club	Carol Ford	266-1421
Boys & Girls Club	Derek DeBoer	235-5694
Casper Amateur Hockey Club	Diane Berg	315-0188
Casper Boxing Club	Clayton Jensen	259-0346
Casper Children's Theatre		473-8470
Casper Curling Club	Dean Boril	235-4838
Casper Disc Golf	Dan Tanner	797-0664
Casper Figure Skating Club	Julie Hansen	307-679-3025
Casper Baseball Club (15-18 years)	David Shields	265-0700
Casper Midget Football	Alan Dugan, President	473-8674
Casper Mountain Biathlon Club	Rob Rosser	277-0318
Casper Mountain Racers (8-25 years)	Ryan Butler	472-7669
Casper Nordic Club	Miriam Temme	265-8271
Casper Senior Soccer Association		473-2617
Casper Skeet Club	Robert Meyer	258-6918
Casper Soccer Club	Wendy Brown	473-2617
Casper Speedway	Benjie Bayne	315-0467
Casper Youth Baseball (7-18 years)	Lorene Peterson	234-7087
Central Wyoming Skating Association	Shannon Orr	262-1759
East Casper Volleyball Club	Glenda Schwindt	315-3391
Garden Creek Volleyball Club	Ryan Cox	439-4282
Mike Sedar BMX	Jeff Miller	259-9073
Platte River Parkway	Angela Emery, Executive Director	577-1206
Special Olympics - Wyoming	Priscilla Dowse	235-3062
Stuckenhoff Sports Shooter's Complex	Casper Shooter's Club Rob Snider	265-2535 251-7646
Wyoming Tennis Association	Mario Ibarra	307-742-0892

Additional Facilities

Stuckenhoff Sports Shooters Complex - 265-2535

Fort Casper Museum - 235-8462

Golf Course - 2010 Allendale Blvd - 233-6620

Hogadon Ski Area - Casper Mtn. - 235-8499

Casper Events Center - 235-8441; Box Office - 577-3030

North Casper Clubhouse - 235-8400

City Park Rentals - 235-8400

Casper Rail/Trail - Walking Path,

Playground, Shelter-235-8400

Crossroads Sports Complex - 235-8403

North Casper Sports Complex-

235-8403



The New Mike Sedar Pool!

How's this for a good time? Have an absolute blast enjoying one or all of the entertaining features at Mike Sedar Pool. Race down the humungous slide, interact with one of the multiple spray toys on the splash pad or in the zero depth pool entry area, scramble up the climbing wall, make your way through the lazy river or just rest a bit on the benches in the bubble pit, traverse the lily pad walk, challenge your friends to a water volleyball game, or just sit around the pool taking it all in while cooling off with a snow cone from the concession stand. There's fun stuff for everyone!

Mike Sedar Pool will be open Monday through Friday from 10 am until 7 pm. Saturday hours are 10 am until 6 pm and Sundays go from 10 am until 5 pm. Once school gets out for the summer (June 8), play in the water all day for just \$5.

Visit the City's website, www.casperwy.gov to get the low-down on Grand Opening plans and special activities for this great facility. Grand Opening specials will be held from June 4-7 and there will be altered schedules and discounted admission fees on those dates.

Remember...the least expensive way to use the pools for the summer is to purchase a season pass and go to any outdoor pool you want to all summer long. If money is tight, consider applying for a Community Recreation Foundation scholarship to offset the pass expense. Passes can be purchased at the Casper Recreation Center, 1801 East 4th Street.

FREE EVENTS FOR SUMMER FUN! Sponsored by the Community Recreation Foundation KIDS FISHING DAY

SATURDAY, JUNE 4 - Yesness Pond

9:00 am to 12:00 noon - Last names N through Z

12:00 to 3:00 pm - Last names A through M

The Community Recreation Foundation and the Casper Recreation Division are hosting the 21st Annual Kids Fishing Day, Saturday, June 4 at Yesness Pond for kids ages 14 and under accompanied by their parents. Due to the popularity of this event and limited space, we ask, *if possible*, families with last names beginning N—Z come 9:00 am to 12:00 pm and families last names beginning A—M fish from 12:00 to 3:00 pm. Stop by the check-in table to sign in when you arrive. All kids will get a goody bag - no one leaves empty-handed!

The Fishing Day is a FREE event. If possible participants should bring their own poles and lures/bait. Please dress appropriately for the weather conditions. The Fishing Derby is offered by cooperation with the Wyoming Game and Fish, North Platte Walleyes Unlimited Fishing Club, Wyoming Flycasters, Schwan's, and Sportsman's Warehouse.



BEACH DAY

WEDNESDAY, JULY 27

Washington Park/Pool 9:30 am - 12:30 pm

For Ages 5 - 12. This will be a fun-filled morning in the sun with a variety of challenges and activities, including water games, swimming, contests, and more. Children under 8 years old must be accompanied by an adult unless supervised by one of the summer recreation programs. Participants are requested to wear swim attire and plenty of sunscreen. Groups of over 10 children from daycare centers, summer recreation programs and other groups must pre-register for the event by calling Jen at 235-8382 by July 20.



The Community Recreation Foundation makes scholarships available to financially assist youth and mature adults, ages 55 and older, with registration fees associated with recreational activities offered within the City of Casper Recreation Division. CRF also provides free events, such as those listed above, to the community. CRF is supported by various businesses and individuals. For the scholarship program to continue, contributions are needed! See page 3 for more details.