

COUNCIL WORK SESSION
Tuesday, May 26, 2015, 4:30 p.m.
Casper City Hall
Council Meeting Room

AGENDA

1. Meals on Wheels
2. Eclipse Planning
3. Future Agenda Review
4. Council Around the Table
5. Executive Session: Property Disposition / Personnel

Memo:

Mayor and Council

Purpose of presentation to help educate.

Why Natrona County Meals On Wheels is here:

- *13.8% (14,827) seniors in Wyoming struggle with hunger
(Information provided by Meals On Wheels of America)
- *Predictions indicate in 2010 1 in 8 adults were over 65:
by 2030 1 in 5 adults will be over 65
- *Seniors over the age of 60, spouse or caregiver of a person
over the age of 60, Medicaid waiver clients
- * 164,759 meals served in FY 2013-2014 in Natrona County
- *All meals meet nutritional guidelines required by Federal
Grants (42 different components)
- * Meals delivered by 45 volunteers each day, 260 days a year,
372 miles per day
- * More than a meal: well-being checks for clients, human
interaction and peace of mind for family members
- * The total meal cost averages \$9.79. The average client
donation is .63 cents per meal. 85% of clients live at or below the
national poverty level. 95% fall low to moderate income level.
- * Government funding decreasing: in 2010 per meal funding
was \$6.51 – 2014 dropped to \$5.67
- * Number of clients increasing: in 2010 729 seniors served –
2014 772 seniors served (MOW serves 4% of the
estimated number of seniors in our county)
- * Care facility annual cost is between \$42,000.00 &
\$82,000.00 per person (cost fall on tax payers and family
members)
- * Annual in –home care costs between \$18,000.00 and
\$24,650 per person. Seniors thrive in familiar surroundings
- * The Older Americans Act does not allow us to “charge” for
Meals

Jamie Loveall

Executive Director – Natrona County Meals On Wheels

Natrona County Meals On Wheels

City Council Members
May 26th 2015





Why We Are Here

THE SENIOR HUNGER CRISIS
→ IS REAL ←

13.8% of Wyoming's seniors **14,827** are STRUGGLING WITH HUNGER.

Information from Meals On Wheels Association Of America 03/2014



Why We Are Here

- Funding not keeping pace with growing need
- 2010—one in eight adults were over the age of 65
- 2030—one in five adults will be over the age of 65

National Association of States United for Aging and Disabilities



Mission Statement

To assist the elderly and homebound of Natrona County maintain their independence and integrity, as well as their physical and mental health, in the dignity of their own homes and environments. Natrona County Meals on Wheels prepares and delivers nutritionally tailored meals via caring community volunteers.



Who qualifies to Receive Meals

- A person over the age of 60 is eligible to receive meals
- No person over the age of 60 is required to pay for the meals they receive
- People under 60 must qualify for the Medicaid Waiver program to receive meals
- People under 60 may receive meals if they pay for them



HISTORY

- ▶ Founded in Casper in 1971
- ▶ Meals were prepared at Wyoming Medical Center
- ▶ Initially there were just 5 recipients



One Cent Funds

- ▶ 1982 – The original building was constructed
- ▶ 2005 – The building was expanded using matched community contributions



Meals On Wheels Foundation

The Natrona County Meals on Wheels Foundation exists to provide monetary support for the Natrona County Meals on Wheels Organization for special and specific needs, while ensuring that the Foundation continues in perpetuity.



Meals On Wheels Foundation

- ▶ Formed in 1986
- ▶ Builds long term funds to sustain the Organization
- ▶ Contributes a minimum of 5% per year to the Organization
- ▶ Assists the Organization with extraordinary situations



Communities

We delivered 164,759 meals to people in Natrona County during our fiscal year 2013-2014.



Who We Serve

- ▶ Meals are delivered to Casper, Mills, Evansville, Bar Nunn, Midwest, Edgerton and Powder River.



What We Serve

Nutritional meals are prepared Monday – Friday at Meals on Wheels

- ▶ Meals meet federal nutrition requirements
- ▶ Medically necessary diets are accommodated





Where We Prepare

Meals on Wheels office and kitchen are located at 1760 E. 12th Street





How We Deliver



Our wonderful volunteers deliver meals using their own time and gas

Volunteers are the essential core of Meals on Wheels





Value of the Volunteers

- ▶ 420 Active Volunteers
- ▶ 45 Volunteer Drivers Per Day
- ▶ 1 Hour Per Route (Average)
- ▶ 260 Delivery Days Per Year
- ▶ 372 Miles Per Day are Driven



It's More Than Just A Meal

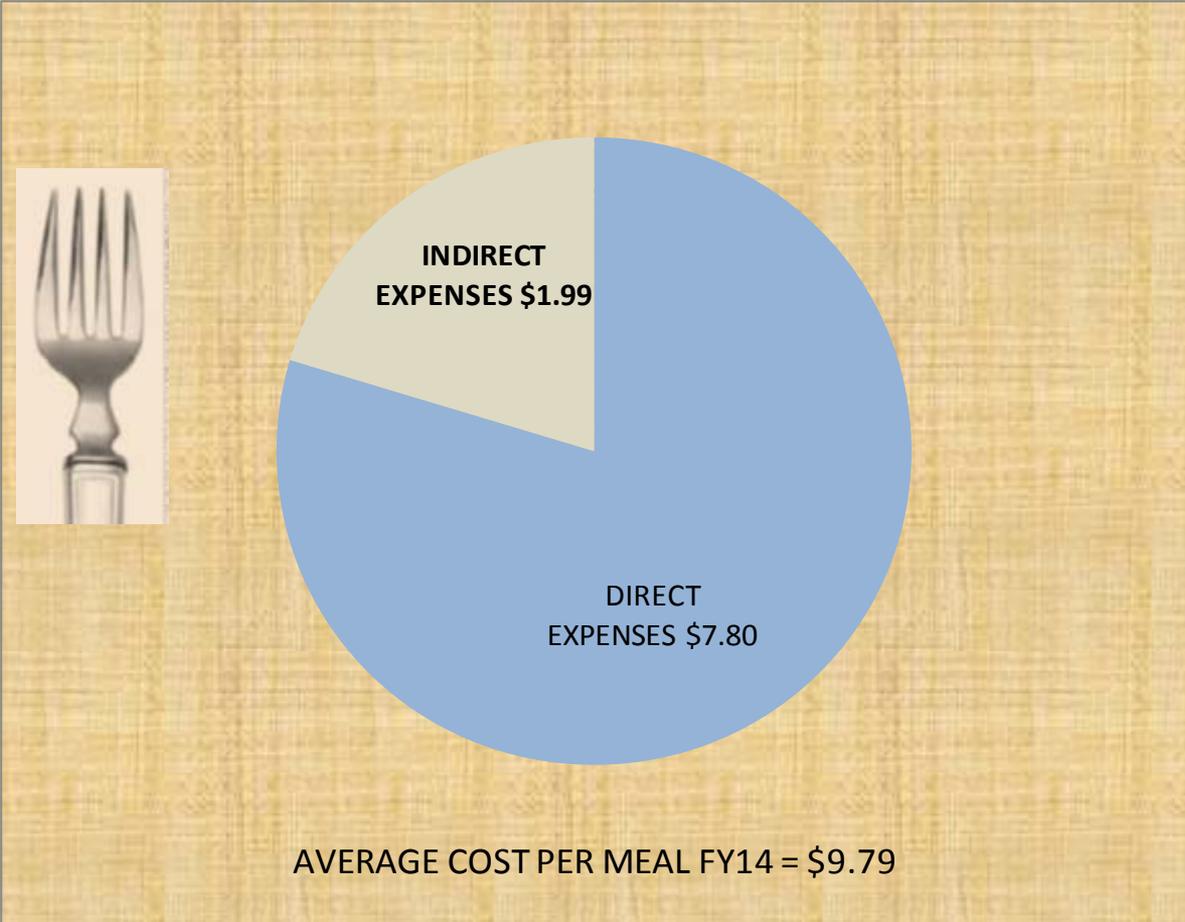
- ▶ Checking on the well-being of our recipients
- ▶ Human interaction with our recipients
- ▶ Peace of mind for our recipients and their families



What It Costs

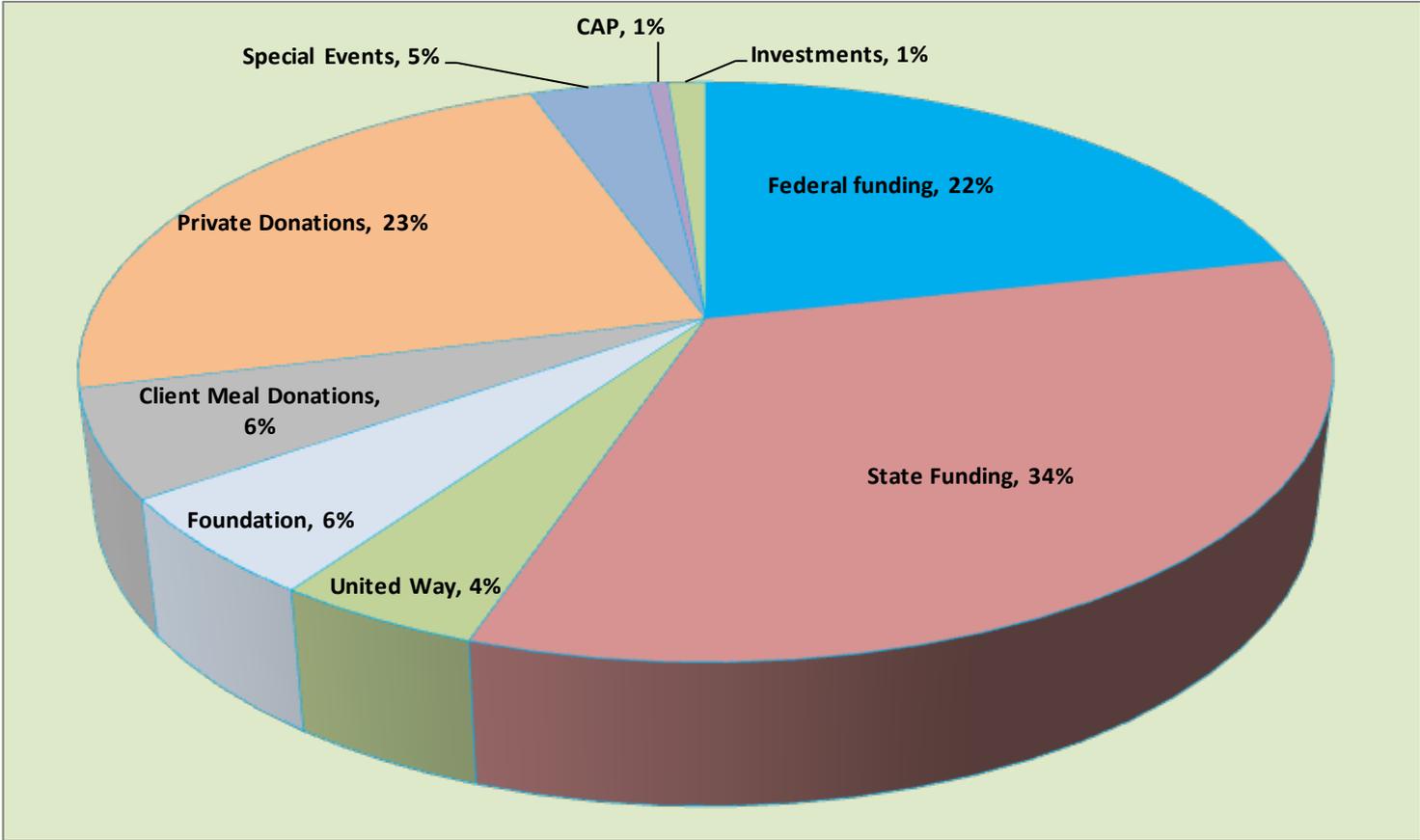
Direct Costs are incurred in the preparation of the meal

Indirect Costs incurred to complete the above process





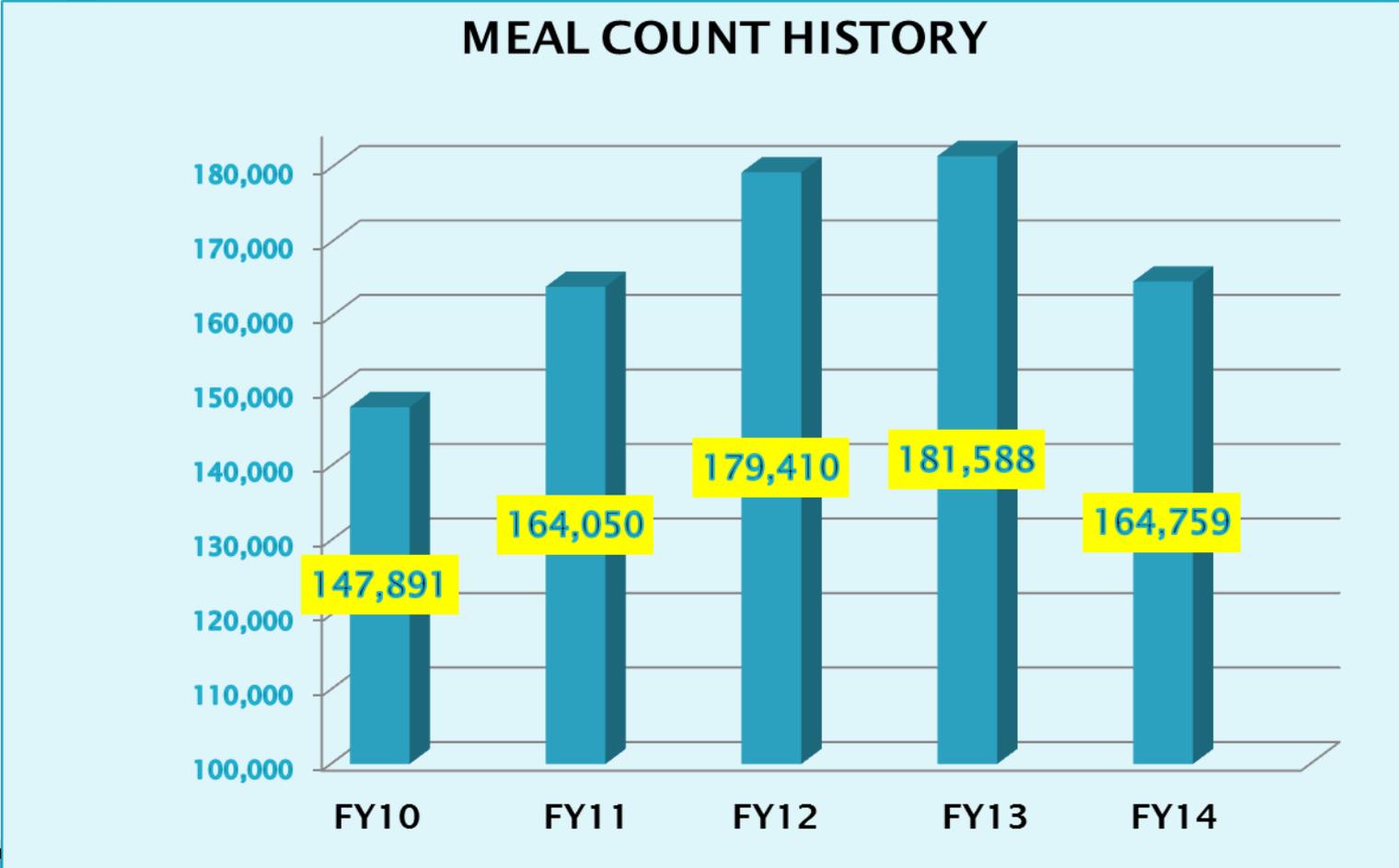
How We Are Funded



Fiscal Year 2014 Funding Sources

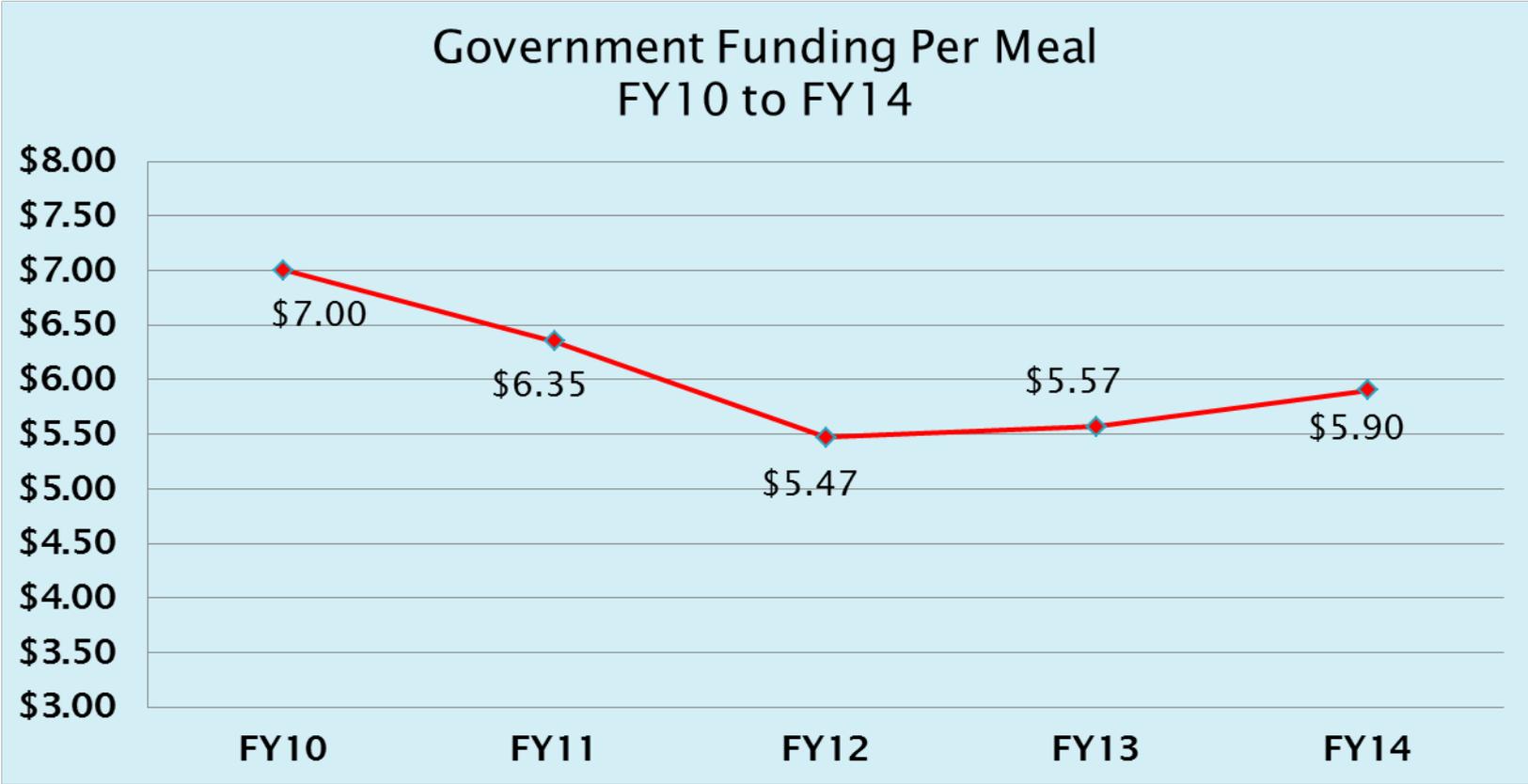


How Needs Have Grown





How Funding Has Changed





How The Number of Seniors Served Has Grown

Number of Recipients over 60 from FY10 to FY14





Projected Increase in the Senior Population

Prediction of People ages 60 older in Natrona County

Year	Number	Percent of increase
2015	16,462	4.0%
2016	17,141	4.1%
2017	17,795	3.8%
2018	18,363	3.2%
2019	18,928	3.1%
2020	19,487	3.0%

Source: Wyoming Department of Administration and Information, Economic Analysis Division (<http://eadiv.state.wy.us>)



How We Have Adapted

- ▶ Eliminated meals for unfunded non-senior recipients
(people under 60 years of age)
- ▶ Staffing was downsized by one position



Future Challenges as Population Ages

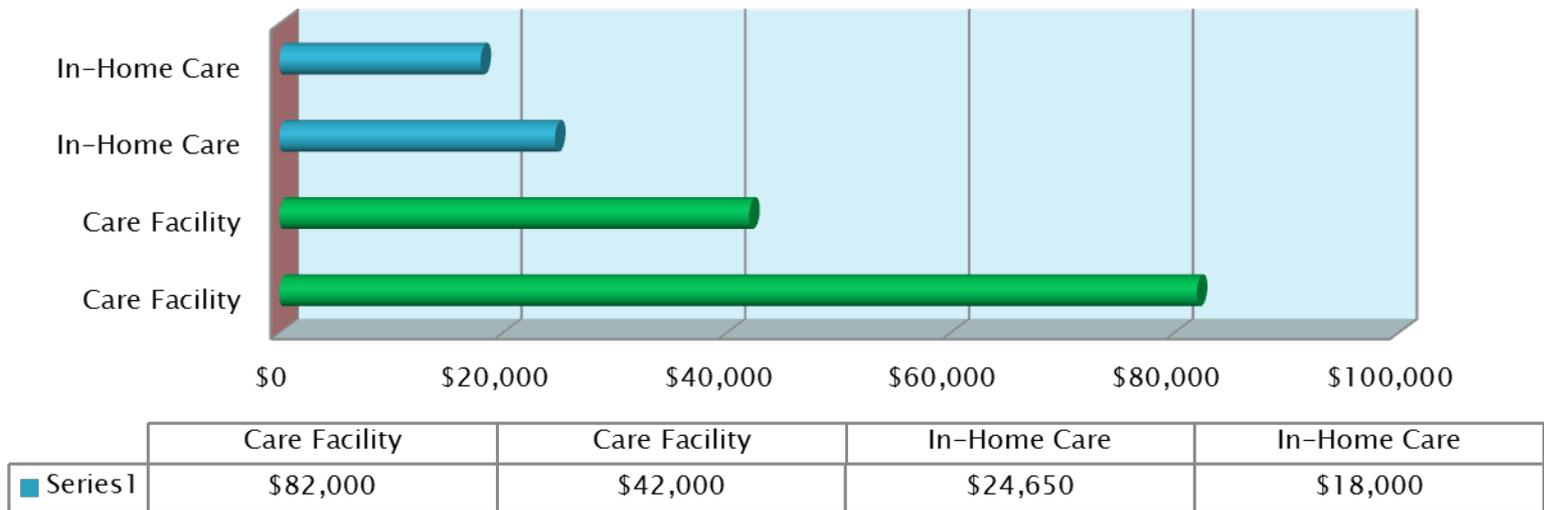
- ▶ Lack of funding
- ▶ Need for more volunteers
- ▶ Need to replace aging equipment
- ▶ Lack of space



Impact on the Community

Furnishing Nutritional Meals to the Senior Citizens of Natrona County allows them to remain in their homes longer.

MONETARY EFFECT



Sustaining Seniors in a Care Facility often falls to the tax payers through Medicare, Medicaid, or Family



Impact on the Community

Furnishing Nutritional Meals to the Senior Citizens of Natrona County allows them to remain in their homes longer.

- Human effect – Seniors thrive in familiar surroundings of their homes.
 - Senior Citizens maintain their independence, integrity and dignity.



Why We Are Here

We need the support of people and organizations of Natrona County!!

- Financial
- Volunteering
- Political support – local, state, federal
- Telling others about us



Thank You for the Opportunity to Tell Our Story

To receive meals, donate, set up bequests or legacy giving,
or volunteer:

1. Phone number: 307-265-8659
2. Address: 1760 East 12th Street, Casper, WY 82601
3. Contact: Jamie Loveall, Executive Director
email jamie@mealswheels.com
cell phone 307-277-8341
5. Web site: www.mealswheels.com